

SEE THE SITES

Five inspiring additions to the Unesco World Heritage list, from Mexico to Mumbai

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GRIFF RHYS JONES

Tramping is glamour plus fitness on the road. I'd rather take my punishment in private

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NASTICAL BUT NICE

A midsummer makeover for the Soaper, once the heart of New York's cigar trade

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Travel on Sunday

Journey to the source of spice

Wellness and nutrition expert Jasmine Hemsley turns up the heat on the spice island of Zanzibar, where Africa and Arabia meet



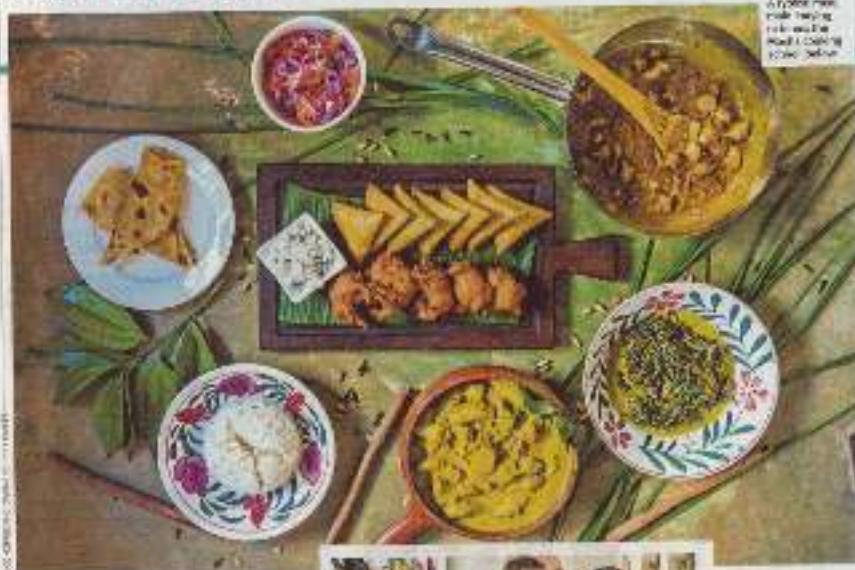
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COVER STORY



THAI TRADITION

Traditional Thai culture is rooted in the Buddhist religion, which emphasizes nonviolence and respect for all living things. This is reflected in the country's art, music, and literature.

One of the most important aspects of traditional Thai culture is the emphasis on hospitality. Guests are always welcome, and it is considered a great honor to be invited to someone's home.

Another key aspect of traditional Thai culture is the importance of family. Extended families often live together, and there is a strong sense of community.

Traditional Thai culture is also known for its

respect for nature and the environment.

For example,

the

use

of

recycled

products

is

encouraged

in

Thailand.

Traditional

Thai

culture

is

based

on

the

values

of

kindness

and

generosity.

Traditional



Traditional Thai culture is based on a belief in the interconnectedness of all things. This is reflected in the way that people live their lives, from the way they grow their food to the way they treat their animals.

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